



# 2023 Home Hardware Classic



## Team Captain's Package

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## 2023 Home Hardware Classic Antoine Mountain, Mattawa February 24-26, 2023

## Notice of Race

Races:	February 24, 2023 – Training Day February 25, 2023 – Slalom 2 run timed race February 26, 2023 – Giant Slalom 2 run timed race		
Race Start:	10am Saturday & Sunday (subject to change due to weather & direction from Captains' meeting)		
Host:	North Bay Ski Racing Club www.northbayskiracingclub.com		
Location:	Antoine Mountain 656N Mattawan, Ontario 1-705-744-4754 <u>www.antoinemountain.ca</u>		
Sanction:	Alpine Ontario Alpin / Alpine Canada Alpin		
Eligibility:	Alpine Ontario Alpin registered U14, U16, and U19 athletes (Athletes 12 years or older as of Dec		
31,	2022) U12 Athletes are invited at Coach's discretion.		
Registrations:	Please submit registrations through <u>www.alpinepoints.ca</u> by February 20, 2023.Changes of race entry must be submitted two hours before the start of the Captain's meeting		
Questions to:	Alan Chute, President NBASR northbayskiracingclub@hotmail.com		
Entry Fees:	\$180/athlete – includes race fees and lift ticket for Saturday and Sunday Lift ticket purchased from Antoine Mountain required for training day.		
Optional Extras:	Lunch: \$15/day - Details to follow Swag - NOD GoggleSoc: \$15 Swag - North Bay Ski Team Cowbell: \$15 Please submit pre-order form by February 19, 2023 Lift ticket purchased from the ski hill is required for training day.		
Notes:	Coach Lift Tickets – Coaches will receive lift tickets 8:1; or where fewer than 8 athletes per club entry – 1 Coach. Additional passes and training day passes are the club's responsibility to purchase.		
Payment:	Payment by cheque payable to North Bay Antoine Ski Racers at the first captains' meeting OR email transfer to <u>payments.nbsrc@gmail.com</u> . If paying by e-transfer, please indicate Club name and number of athlete payment is for in the notes If not paid, the athlete will be removed from the draw.		

Protests:	Delivered in writing with Video to the Finish Referee accompanied by \$100.00 cash according to ICR (FIS) Book, 2022 Edition and applicable ACA & AOA guidelines. https://assets.fis-ski.com/image/upload/v1669586227/fis-prod/assets/ICR_Nov2022_1.pdf	
Bib Deposit:	\$100.00 per team, by cheque, pay returned after all bibs have been	vable to North Bay Antoine Ski Racers Inc. Bib deposits will be returned.
Rules:	According to ICR (FIS) Book, 2022	Edition and applicable ACA & AOA guidelines.
Captains' Meeting :	The Team Captains' meeting will b	pe held on Friday at 3:30pm at Antoine Mountain Chalet.
Seeding:	According to AOA Race Event Gui	delines and as confirmed at the Team Captains' meeting.
Results:	Official results will be posted outs Unofficial results will be available	ide Race Headquarters and shared through WhatsApp. through live timing.
Awards:	Awards will be presented to the top (5) finishers (male & female) for each of U14, U16, U19 for each event. Medals will be awarded at the end of each day's completion in the chalet.	
Responsibility:	The Race Organizing Committee, the North Bay Antoine Ski Racers Inc. (NBASR), the executive of the NBASR, Antoine Mountain, the Northern Ontario Division (NOD), the executive of the (NOD), Alpine Ontario Alpin, and Alpine Canada Alpin cannot be held responsible for any accident which may occur during the event	
Officials:	Race Chair:	Alan Chute
	Race Administrator:	Christine Wasylciw
	Chief of Race:	Alan Chute
	Chief of Course:	Michael Chute
	Chief of Gates:	Scott Kaufman
	Chief of Timing:	Bryan Moore
Event Hotels:		ages/plan-a-trip-to-antoine-mountain nadianecology.ca see Alpine Race team Package 705 744-1715

#### PLEASE SUPPORT OUR RACE SPONSOR GAGNE'S HOME HARDWARE on HWY 17 in RUTHERGLEN

Valois Motel and Restaurant 701 Valois Dr. Mattawa Ontario 705 744-5583

Le Voyageur Inn Mattawa Ontario 705 744-2370

GAS, GROCERIES, LCBO, HARDWARE





NOD GoggleSoc - \$15

Large Cowbell - \$15



#### Thank You to our Team Sponsors:







## **Team Captain's Meeting**

February 24, 2023 @3:30 Race HQ

## Agenda

- 1. Welcome: Race Chair Alan Chute
- 2. Introduction of ROC & Officials
  - Race Administrator: Christine Wasylciw
  - Chief of Race: Stephane Gauthier
  - Chief of Timing: Bryan Moore
  - Chief of Course: Mike Chute
  - Start Referee: Kayla Michaud
  - Finish Referee: Tarron Bitonti
- 3. Attendence

#### 4. Events

U14+	Ontario Setting Guidelines for Children's Alpine Ski Racing - Alpine Ontario - I		December 2022	
AGE	DETAILS	SLALOM	GIANT SLALOM	
	VERTICAL DROP	Min 100m- Max 140m	Min 150m- Max 300m	
	NUMBER OF GATES	32-38% +/- 3	13-18%	
U14	VERTICAL DISTANCE	Open gates (8-10m) recommended, (7-11m) Min-Max	Open gates (15-25m) recommended, (27m) Max	
12-13	TYPE OF GATE	Jr. (60" off snow) 27mm SL GATES	27mm FULL GATES	
	TURN SHAPE	ALL	3/4 - FULL	
	COMBINATIONS	4-6m vert dist. Min 1 / Max 3 HP & 1-2 3 gate flush	vert distance should be no less than 10m	
	DELAY COMBINATION	1-2(Max) Delay, Max 15m turning- turning	0-3 Max Delay, (Max 35m turning to turning)	
	NUMBER OF RUNS	AOA GUIDELINES	AOA GUIDELINES	
	SAFETY	HEAD MOUTH AND SPINE RECOMMENDED	HEAD MOUTH AND SPINE RECOMMENDED	

	VERTICAL DROP	Min 100m- Max 160m	Min 150m- Max 350m
	NUMBER OF GATES	32-38% +/-3	13-18%
U16	VERTICAL DISTANCE	Open gates 8-11m recommended, (7-11) Min Max	Open gates(20-27m)recommended, (27m)Max
14-15	TYPE OF GATE	27mm FULL GATES	27mm FULL GATES
	TURN SHAPE	ALL	ALL
	COMBINATIONS	4-6m vert. Min 2/ Max 4 HP & Min 1/ Max 3 3-4 gate flush	vert distance should be no less than 10m
	DELAY COMBINATION	1-3(Max) Delay, Max 15m turning- turning	Min 1- Max 3 Delay, (Max 35m turning to turning)
	NUMBER OF RUNS	AOA GUIDELINES	AOA GUIDELINES
	SAFETY	HEAD MOUTH AND SPINE RECOMMENDED	HEAD MOUTH AND SPINE RECOMMENDED

## 5. Appointment of jury

	Day 1	Day 2
Referee		

### 6. Roll call

- 7. Payments
- 8. Draw
  - Start order random by age category
  - Second run start full field flip

## 9. Appointment of course setters

	Day 1	Day 2
1 <sup>st</sup> Run		
2 <sup>nd</sup> Run		

#### 10. Forerunners

	Bib Number	Name
Day 1	А	Alyson Bobby
	В	Tahlia Cornthwaite
	С	
	D	
Day 2	А	Alyson Bobby
	В	Tahlia Cornthwaite
	С	Colin Dreany
	D	

#### 11. Protests

Delivered in writing to with video to Race HQ within 15 minutes of posting accompanied by \$100.00 cash according to ICR (FIS) Book, 2022 Edition, and applicable ACA & AOA guidelines

#### 12. Report by the ROC

- Race HQ location
- Space to change and store bags
- What's App
- Jury radios
- Skis
- Lunch and swag preorders
- Food & beverage
- 13. Report from TD & Jury
- 14. Medical Plan

#### 15. Program

- Weather
- Lift opening
- Warm up run
- Course inspection
- Start of first run & second run
- Tear down
- Awards will take place outside of race HQ 1 hour following the race
- Team Captain's Meeting and Sunday's bib distribution
- 16. Distribution of bibs, lift tickets and start lists

## Schedule

Event	SLALOM		
	Saturday February 25, 2023		
Location		n: Laurentian	
	Warm Up	o Run: Ottawa	
Bib/Ticket	Tickets, bibs and start lists will	be distributed at Team Captains' meeting	
Pick Up	Friday February 24 @	3:30 in the 2 <sup>nd</sup> level of the chalet	
		utside Race HQ @ 7:30 am	
		top of race course @ 8:30 am	
		or athletes @ 9:00 am	
	Run 1	Run 2	
Schedule	Jury Inspection: 9:15 am	Jury Inspection: TBA	
Schedule	Athlete Inspection: 9:30-10:00 am	Athlete Inspection: 1 hr after end of Run 1	
	Forerunners: 10:20 am	Forerunners: + 50 min	
	First Racer: 10:30 am	First Racer: + 10 min	
	Men begin immediately following	Men begin immediately following last female	
	last female racer	racer	
	Please change and sto	re bags in assigned area:	
	Adanac & Searchmont	<ul> <li>Front of Rental Building</li> </ul>	
	Elliot Lake, Timmins and North	Bay – Back of Main Floor of Chalet	
Additional	Skis/noles mus	st be left on racks	
Details		Cliffhanger Lounge (3 <sup>rd</sup> Level Chalet)	
	Race merchandise for		
	Race updates w	vill be posted on What'sApp	
DCOL	DSQ's will be posted outside	e Race HQ and on WhatsApp 15 minutes	
DSQ's	after the completion of Men's Run #1 and #2		
	Awards will be held on Lower Deck of Chalet		
Awards	1 hour after the completion of the day's Race.		
Next TC Meeting	Immediately following awards in the race HQ.		
ROC	Race Chair Alan Chute	705-471-4780	
Contact	Race Administrator Christine Was	ylciw 705-825-2994	

Event	GIANT SLALOM		
	Sunday February 26, 2023		
Location		n: Laurentian	
	Warm Up	o Run: Ottawa	
Bib/Ticket	Tickets, bibs and start lists will	be distributed at Team Captains' meeting	
Pick Up	Saturday Febr	uary 25 following awards	
	Course crew outside Race HQ @ 7:30 am		
		top of race course @ 8:30 am	
		or athletes @ 9:00 am	
	Run 1	Run 2	
Schedule	Jury Inspection: 9:15 am	Jury Inspection: TBA	
Schedule	Athlete Inspection: 9:30-10:00 am	Athlete Inspection: 1 hr after end of Run 1	
	Forerunners: 10:20 am	Forerunners: + 50 min	
	First Racer: 10:30 am	First Racer: + 10 min	
	Men begin immediately following	Men begin immediately following last female	
	last female racer	racer	
	Please change and sto	re bags in assigned area:	
	Adanac & Searchmont – Front of Rental Building		
	Elliot Lake, Timmins and North Bay – Back of Main Floor of Chalet		
A alaliti a ra al			
Additional		st be left on racks	
Details	Pre-purchased lunches served in	Cliffhanger Lounge (3 <sup>rd</sup> Level Chalet)	
	Race merchandise for	r sale by Race HQ	
	Race updates v	vill be posted on WhatsApp	
	DSQ's will be posted outside	e Race HQ and on WhatsApp 15 minutes	
DSQ's	after the completion of Men's Run #1 and #2		
	Awards will be h	eld on Lower Deck of Chalet	
Awards	1 hour after the o	completion of the day's Race.	
Next TC Meeting	Immediately following awards in the race HQ.		
ROC	Race Chair Alan Chute	705-471-4780	
Contact	Race Administrator Christine Was	ylciw 705-825-2994	

## Antoine Mountain Map



#### **Directions to Antoine Mountain**

Follow ON-17 from North Bay to Main St/ON-533 N in Mattawa.

After 5km, turn right onto Hwy-656 N and drive for 3km until you see the Antoine Mountain sign at the entrance.

## **Medical Plan**

	Г Т	· · · · · · · · · · · · · · · · · · ·	
		Antoine Mountain	
Ч	Address	596N Hwy 656 Mattawan, ON POH 1V0	
RESORT			
RE		Canadian Ski Patrol System (CSPS)	
	First Aid	Laurentian Ski Hill Patrol Hut at base of hill	
	Trail	Laurentian	
	Medical		
	Location	Ski Patrol stationed at top of race course	
	Medical	Toboggan and other equipment per CSPS protocol	
	Equipment		
		'Racer Down' protocol initiated and race is stopped	
		Ski patroller from top of race course responds to injured skier:	
		<ul> <li>Assesses the situation and obtains permission to assist</li> </ul>	
		the injured skier	
щ		<ul> <li>If athlete does not require first aid, gives 'all clear'</li> </ul>	
URS		<ul> <li>If athlete requires first aid:</li> </ul>	
RACE COURSE		<ul> <li>Calls for toboggan</li> </ul>	
CE	Protocol	<ul> <li>Requests assistance from other patrollers and</li> </ul>	
RA	11000001	bystanders if necessary	
		<ul> <li>Provides first aid and evacuates racer by</li> </ul>	
		toboggan to patrol hut	
		<ul> <li>Requests EMS activation if required</li> </ul>	
		<ul> <li>Appropriate documentation completed and submitted</li> </ul>	
to		to the TD	
		Ski patrol toboggan to ski patrol hut	
		EMS access at end of parking lot	
	Evacuation	Evacuation by ambulance to Mattawa Hospital or North Bay	
		Regional Health Centre	

		Nextle Device d D'at dat A - 1	man Comming (ENAC)	
		North Bay and District Ambulance Service (EMS)		
		217 Turcotte Park Rd.		
		Mattawa ON, POH 1V0		
		EMS Tel: (705) 477-5511		
		EMERGENCY: 911	tto Dark Rd. Mattawa, On	
		Nearest Dispatch: 217 Turcot		
		Distance from venue: 9 KM (1)	2 minutes)	
JNITY	Hospital	Mattawa Hospital 217 Turcotte Park Rd Mattawa, ON POH 1V0 Tel: (705) 477-5511	North Bay Regional Health Centre (NBRHC) 50 College Dr. North Bay ON. P1B 5A4 Tel: (705) 474-8600	
COMMUNITY		DISTANCE FROM VENUE: 9 KM (12 minutes)	Distance from Venue: 4 KM (56 minutes)	
	Clinic	N/A		
		I.D.A Mattawa Pharmacy 300 Main St W Mattawa, ON P0H 1V0	Shoppers Drug Mart 66 Josephine St North Bay, ON P1B 0A7	
	Pharmacy	Algonquin Pharmasave 1221 Algonquin Ave North Bay, ON P1B 4Y3	Walmart 1500 Fisher St North Bay, ON P1B 2H3	
		Shoppers Drug Mart 2025 Cassells St North Bay, ON P1B 4E1	Rexall 1205 Fisher St North Bay, ON P1B 2H2	